

Elective plan meets council members' approval

By Leona Fleischmann

A proposed course designed to develop leadership skills and free up time for members of student council is meeting approval at the Guelph and Doon campuses of Conestoga College.

Dave Linton, Guelph Student Association (GSA) president, said that response to the idea has been "excellent."

"Communication lines are open

all the time and it's one good way to get to know the executive."

Linton said the weekly contact makes discrepancies in duties less of an issue and makes their jobs "incredibly easier."

Guelph is currently testing the project as Waterloo and Doon are getting prepared to follow in their footsteps.

According to Dan Young, supervisor of athletics and campus recreation, the course is designed

to bring out leadership qualities in the executive and extract skills that will be beneficial after graduation. It is also designed to give executive members more time to devote to their duties on the council.

Some Doon Student Association (DSA) members think the concept is a good idea.

According to Steve Blenkhorn, DSA entertainment manager, "it's a bonus idea."

Blenkhorn said he felt that with

all the work involved in being on the DSA, the course would be a relief.

Rhonda Machan, DSA treasurer, said the course is a good idea, but that the members should receive a credit for being on the DSA as it is.

But there are also so-called grey areas to be considered.

The position held by Sharon Slater, DSA assistant activities coordinator, is one of those grey areas. She said she should be in-

cluded under the course since Cheryl Wilson, DSA activities coordinator, is a non-executive member of the council. Wilson is a Conestoga employee.

Slater said if she wasn't included the council would not be one body functioning as a unit, but just a number of individuals and that "wouldn't be healthy."

If Guelph is successful in their testing, other campuses may have the course implemented in the fall of 1989.

SPOKE

Conestoga College, Monday, Feb. 6, 1989



Photo by Simone Portelance/Spoke

Three men and a dog!?

(l-r) Dave Rimmer, Rui DaSilva, Phil Grimm and their mascot Theodore, are all snug and ready for winter's worst during their first day of the arctic campout.

Board of governors adopts AIDS policy

By Lizanne Madigan

Conestoga College now has an official AIDS policy which commits the college to "ensuring that the rights of students and employees are protected, including the right to privacy and protection for those persons with the Human Immunodeficiency Virus infection (HIV)."

At its Jan. 23 meeting, the board of governors put the official stamp of approval on the policy, which was prepared by the college's AIDS advisory committee and was presented by human resources director John Podmore.

During Podmore's presentation, Bill Easdale, an external board member, expressed his concern about the fifth article in the policy statement. It read: "Upon request, the college will assist the employee or student to manage their health concerns and any other

related matters."

Easdale questioned whether or not AIDS victims would come forth for such assistance when the policy did not directly deal with the issue of whether or not their group benefits plan would be affected by the admission of their illness. He argued that the article was too broad and would cause confusion.

Podmore said that employees with AIDS would be treated no differently than those with a heart condition in respect to benefits. He agreed that there should be a statement added to clarify the issue of benefits and the board then fully accepted the policy on the condition that such a statement would be added.

In a later interview, Podmore said the statement had been added and it read: "Employees enrolled in the group benefits plan would con-

see **POLICY** page 3

Placement rate 95 per cent despite employer's concerns

By Jill Keelling

Special to Spoke

Employers may not be satisfied with the language skills of Conestoga graduates, but they continue to hire them.

Some Conestoga College graduates are lacking the language skills required to fill out a basic application form, according to one area employer who was quoted in an article in the Kitchener-Waterloo Record Jan. 27.

The employer (who was not named) said that about one quarter

of the unsolicited applications he receives per year have "an incredible amount of spelling and syntax errors."

The article described the poor financial state that Ontario's community colleges are in and said that Conestoga College is among those in the worst financial shape.

A study done by the Ontario Federation of Students reported that because of a lack of funds, students are receiving substantially fewer hours of instruction than was originally offered in some subject areas, such as English and mathematics.

But if Conestoga graduates are having difficulties finding jobs because of the lack of instruction, it does not show up in the 1987-88 Placement Report.

The report, which is available in the student services office, states that 95 per cent of last year's graduates have found employment.

In addition, the report specifies that 86.4 per cent of those graduates who are currently employed have jobs which are directly related to their particular area of study.

According to the report, only 48 out of 975 graduates or 4.9 per cent are still looking for work. The figure of 4.9 per cent translates into an average of only 2.3 graduates of each program currently seeking employment.

The 1987-88 survey includes students who graduated between Sept. 1, 1987 and Aug. 31, 1988 from 34 diploma and semestered programs at the four campuses where they are offered.

Applied arts programs had a 92.8 per cent placement rate, business programs had a 95.3 per cent rate, health sciences placed 99.3 per cent of graduates, and technology programs placed 94.3 per cent.

Doon graduates achieved a 95.2 placement, Guelph graduates, 92.5 per cent, Stratford graduates, 94.5 per cent and Waterloo graduates, 97.2 per cent.

Police still asking for witnesses in auto crash that killed student

By Lizanne Madigan

Police are still asking witnesses to come forward as they continue to "intensely" check every possible lead in the accident on Homer Watson Boulevard, in which a Conestoga college student was killed on Nov. 30, 1988.

Const. Jim Miller of Waterloo

Regional Police said several witnesses came forward after an article in the Dec. 12 issue of Spoke said police were seeking information about a white tractor-trailer which may have been involved in the accident.

Joanna Van Meer, 38, a food and beverage management student at the Waterloo campus, was killed

instantly in the 8 a.m. accident on Homer Watson Boulevard near the Highway 401 exchange, when her car was involved in a collision with a Red Carpet Food Services cube van.

Witnesses to the accident told police that a tractor-trailer, turning

see **POLICE** page 3

Registrar's exit unexplained

By Simone Portelance

John Bonesteel, registrar of Conestoga College for the past four years, has left the position and college officials declined to comment on when and why he left.

David Gross, director of marketing and official spokesperson on the issue, said that he was not prepared to give out any information concerning Bonesteel's departure. Gross said anyone else's comment on the issue would be "unofficial."

Bill Cleminson, director of student services, is now acting as temporary registrar. According to Gross, it has not been decided if the arrangement will become permanent.

Bonesteel was hired as registrar in February, 1985, bringing 10 years' experience to the job after working in the registrar's office at the University of Waterloo and the University of Guelph.

When contacted, Bonesteel said he preferred to withhold his comments until a later time.

OPINION

Spoke

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No one's flawless

By Lisu Hill

In the short story, *Starting From Scratch*, Robert Sheckley tells about a world that is in horrible danger and is saved only by a human's promise to stop scratching.

It seems this human was causing natural disasters every time he scratched between his knuckles because, unknown to him, there was a tiny invisible civilization living there. The human gave his word that he would stop the scratching, for now. He felt quite superior for saving the insignificant race until he began to think of the disasters on earth lately. He wondered if perhaps, earth was just a tiny civilization between someone else's knuckles. There is a simple moral to this story: there is always someone more important.

I think that many times people forget this. They get so carried away with what they are doing that they may not realize that they are not flawless, that someone else does something else better.

My boss announced with great pride that he was only 20-years old and he was in charge. I glanced around the establishment and saw 15-year-olds frantically making pizzas, and I thought, there has got to be more. This man talks about his position in a way that makes endeavors such as cancer research seem insignificant in comparison. It is good to take pride in your work, but there has to be some sort of balance.

The same holds true at school. Some high-achievers will, until the end of time, ask a student known for low grades what they got on a test.

But in the great scheme of things, the achievements of those who get only top marks may seem insignificant to others. Some have forgotten that reality but all it takes is a little itch to make them remember.



We've had to make some changes to our Winter Carnival

You Tell Us:

If you could be anyone in history, who would you be and why?



"Mozart. The man was a mathematical genius. He was a creator rather than a destroyer. And he didn't even need a synthesizer."

Dave Rimmer
Marketing
3rd year



"Socrates because I have a habit of getting under people's skin and he was a master of doing the same thing."

Bill Witmer
CPA
3rd year



"Superman because he could see through women's clothing."

John Stephens
Construction Engineering
2nd year



"I'd want to be Marilyn Monroe because I want to have blonde hair and be in pictures."

Sharon Rehberg
CPA
2nd year



"Elvis Presley because he was sexy, had a great voice and was rich."

Shelley Farrell
Nursing
1st year



"I think I'd like to give Cassanova's lifestyle a try for awhile and compare notes."

Kent Foster
Electronics Technology
2nd year

Measuring success: a personal perspective



By Tracy Strassburger

This is my last editorial since, as of Feb. 6, I will be on a work term. My days at Conestoga are over and now the challenge is to succeed in what so many college students affectionately refer to as "the real world."

The challenge, however, is ambiguous. Success is always relative because it depends

on what the individual sets out to achieve.

In today's society, the most common definition of success is a big house in a "good" neighborhood, an expensive car (or two or three), two or fewer children, and a high-paying job, preferably with some degree of power attached to it.

Notice that nowhere in the above definition is the concept of happiness considered.

Success isn't about money and real estate and power. It's about self-esteem and being able to look in the mirror each day and smile at yourself. It's even about wanting to get out of bed in the morning in the first place.

More importantly, success is about trying.

To err is human. But it is also quite necessary if we are ever going to learn anything about ourselves and the world around us.

Mistakes aren't failures. People who give up on themselves are failures.

Every week, there are at least a dozen mistakes in Spoke, some of which are minor and some of which aren't so minor. But also every week, there are a dozen or more redeeming qualities about the paper. As an editor, I've had the choice of feeling lousy about the errors and deciding the efforts of the staff are wasted, or of feeling good about the things we did right and pouring that energy back into the pot for the coming week.

The same is true about everything we encounter in our daily lives. We have to learn to be self-content in spite of the world around us. But that doesn't mean we should become complacent.

We must always strive to do our best whatever it is we choose to do with our lives. If we do that, we are successful, even if we fail to accomplish the task we've set out to do.

If we give less than 100 per cent in our endeavors, it's possible that we'll scrape by and get the job done, so no one else will notice.

But the person in the mirror will know. And then we've failed ourselves.

Hoyer lift to relieve strain on staff

By Lynne Gourley and
Bridget Bryans

Five special needs students at the Doon campus can now be moved with safety by the school nurses, says health nurse Marilyn Fischer.

The Hoyer lift, installed in the nurses' office at Doon campus in December, 1988, was used for a special needs student for the first time on Jan. 18.

"He (the student) was a little apprehensive, never having used a Hoyer lift before, but it went fine," said Fischer. "We told him that we had practised on each other and in the future we will be able to do it more quickly," added nurse Caroyl Glaze as she and Fischer demonstrated how the lift works.

The lift, a metal stand with many levers and pulleys, is used to lift persons from a wheelchair to a bed, a toilet, or another chair. Rick Casey, manager of special needs, said the main reason why the lift was bought was to protect both students and support staff from a possible injury.

Although the lift may be more conspicuous, Casey said that all efforts are being made to protect the students' dignity.

"There is a real dignity factor involved here," said Casey. "We will try to schedule taking students to the washrooms when it is most convenient for them. A person who is in a wheelchair faces this



Photo by Bridget Bryans/Spoke

Caroyl Glaze and Marilyn Fischer with Hoyer lift.

type of dilemma every day."

Casey said the lift, which cost \$1,600, will also prevent back or other injuries to support staff.

The staff have been accommodating to students for a long time, explained Casey. "It's just getting to the point that we can't continue providing the physical labor."

Casey said that by providing more special needs equipment, the college becomes a more enticing

place to learn for those who are physically challenged.

Casey also recognized that students may be apprehensive about using the lift, but said the lift is necessary.

"I couldn't blame anyone for wanting a warm pair of hands to help me rather than a cold piece of metal. But it is important that it (the lift) is used so we don't see a lot of worker's compensation cases."

Casey said that he wants to make sure that the demands of students and faculty are met. The special needs department consulted a physiotherapist to help determine which type of lift would benefit students most.

"Doon has five wheelchair students now and the trend is that more and more special needs students will enrol in the future," added Glaze. "It is not always possible for Marilyn and I to be here together and it is quite hazardous for one of us to try to lift a student alone."

notified of the addition to article five.

Fischer said AIDS victims at the college will not have to worry about having their identities revealed. Both the policy and provincial legislation ensures this. The policy states that "all information supplied to health services will be kept confidential as per provincial legislation."

Fischer said that legally the physician must notify the medical officer of any diagnosed cases, but under no circumstances will names be divulged to the public.

She said Dr. John Kan, health services, can have laboratory tests done on victims without revealing their identities. He can put a code number on a test, opposite the physician's name, instead of revealing the patient's name.

According to the policy, employees or students with the HIV infection will be able to continue working or studying as long as "they are physically and mentally able to perform the essential responsibilities of their job or meet program/course objectives" and as long as "they will not be in a situation which may result in a safety or health hazard to themselves or others."

The policy also states that current scientific evidence indicates that the HIV virus cannot be transmitted through casual contact.

It stresses that the college wants to provide a safe and healthy work and learning environment and wants to "ensure equal rights and opportunities without discrimination."

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continue to be covered under the terms of the plan."

Marilyn Fischer, chair of the AIDS committee, said in a separate interview that a similar statement, dealing with the issue of benefits, had been included in one of the committee's earlier policy drafts. She said that during the long process of review and editing by various college committees, the AIDS committee had been asked to remove that statement and replace it with one of a broader nature.

Part of the approved policy statement said the college "believes that the most effective means of reducing the risk of HIV transmission is through the provision of education and training programs." Podmore said a lot of work has gone into producing the policy and now that it has been approved by the board, it is important to let people know it exists and to circulate information about it among the college community.

In her interview, Fischer also stressed the importance of educating the college about both the disease and the policy. In fact, the policy states that "the college will provide ongoing education, based on authoritative, up-to-date information to employees and students regarding the HIV infection."

Fischer said the AIDS advisory committee had been at a standstill since it handed over the policy draft to Podmore in October of last year. Four days after the board approved the policy, Fischer had still not received official confirmation of its approval, nor had she been

Correction

In a story in the Jan. 30 issue of Spoke, entitled Motors Donated, the cost of the motors was written as \$17,000 each.

The statement should have read that the cost of both motors was \$17,000.

Spoke regrets the error.

POLICE continued from page one

left onto the westbound ramp of the 401, might have been involved in the accident.

Although police said they do not believe the tractor-trailer struck either of the vehicles in the accident, contact does not have to be made to classify an accident as a hit-and-run. Police said vehicles must stay at the scene to be identified, whether they are directly or indirectly involved in an accident.

In the past two months, police have conducted a massive search for the tractor-trailer. They said there are more than 2,000,000 tractor-trailers in Ontario.

The tractor-trailer they are seeking is a white 18-wheeler with a bright blue 18-inch stripe running horizontally along the bottom half of the side.

Anyone who may have witnessed the accident or seen the tractor-trailer is urged to call the regional police traffic department at 579-2211.

Miller said the traffic division is "digging away" at all possible leads. They are leaving no stone unturned. He said even small leads are important because they can turn into big leads when added together.

Nominations open February 6-24 for the positions of

President and Vice-President

Pick up nomination forms in the DSA Activities and Administration Offices.

A BIG

DSA thank you

to

LASA students

who volunteered to staff the

Blue Rodeo and Basic English concert!

MIKE WOODS

Free!!!



**Nooner
Feb. 6
Doon caf
11:30 a.m.**

Don't miss it!

Students lend 'international side' to Waterloo program

By Tracy Strassburger

Three students in the food and beverage management program at Conestoga's Waterloo campus are giving new meaning to the term "going away to college."

First-year students John Geddes, Sotiris Evangelou and Martin Peynado each chose to study in Canada for different reasons. They've all had different experiences growing up in their homelands and they each have different hopes as to where their studies will take them. But they've shared the experience of adjusting to college life in Canada.

Although Geddes was born in Taiwan and has lived there most of his life, he is no stranger to Canada. His parents, Canadian missionaries, return to Canada on a year-long sabbatical about every six years.

One of the big adjustments for Geddes has been living away from home because, unlike many students, he can't go home for the weekend.

"This was my first Christmas away from my parents," Geddes commented. Exams at the end of first semester were a chore, he added, because homesickness set in and made concentration on his studies difficult.

Geddes, who plans to work in the hotel industry, wants to find work in Taiwan for the summer, while his long-term goal is "to be transferred around" to various cities in south east Asia, such as Hong Kong and Singapore.

"I never had any experience when I walked into the course," he explained. But one of the advantages he finds to studying his field in Canada is that "you have so many more opportunities open to you here. A lot of the islands rely on European managers."

Evangelou has had plenty of experience working in restaurants and hotels in his native Cyprus and he was almost ready to open his



John Geddes

own restaurant, but he felt he needed an education to be "more complete" in his knowledge of the industry.

"I've never studied in my life before, and that's my problem. I didn't know how to study," Evangelou noted, explaining that the greatest hurdle for him has been the language barrier.

While he is fluent in Cypriot, Greek and Swedish, and knows enough German to cover "what you need for the restaurant," the English language has posed some problems for Evangelou.

"Before I came here I had a telephone interview with (program co-ordinator) Gary Williams and he asked me lots of things, and I think the main reason was to see if I could understand the language."

And he does understand it -- most of the time. Sometimes, however, Evangelou finds taking notes tedious because "I have to write the word and look it up in the dictionary." Sometimes, too, he writes in Greek if he is uncertain of the English equivalent.

While he seems quite fluent in English after only five months in



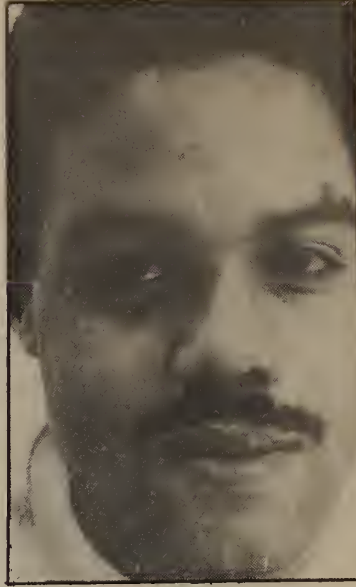
Sotiris Evangelou

Canada, Evangelou said, "I didn't have a choice. You have to speak many languages in Cyprus. English is standard now -- you have to know English. And if you apply for a hotel assistant manager, you have to know another language for sure."

He wants to work in Cyprus because "the major income of Cyprus is tourism" and there is a lot of opportunity in the Cypriot hotel and restaurant industries. Despite ethnic conflicts between the Cypriots and the Turks, the island is a favorite spot for many Swedish, Austrian, Dutch, Italian, German and French tourists, he added.

Conestoga College was the logical choice for Evangelou because his sister and her family, naturalized Canadian citizens, live in the region. Evangelou, who was born in Paphos, Cyprus, and raised in Keryina, is here on a student visa which costs him \$5,500 a year.

Coming to Canada meant going to Israel to apply for a visa, because there is no Canadian embassy in Cyprus. Then he had to fly from Cyprus to London and on to



Martin Peynado

New York before landing in Toronto.

While he said he's enjoying the program, Evangelou also noted that some of the information he's learning will be largely irrelevant when he returns home.

"What's going to happen to me back in Cyprus if I know the names of wine companies in Canada? But you are in Canada, and you learn about what's here," he added.

And yet, he seems to feel at home here. "The teachers are helpful, the characters in class are helpful - that's most important to me."

Like Geddes, Peynado, a native of Kingston, Jamaica, had been to Canada before he came here to study.

His family spent four years in Canada between 1978 and 1982, during a period of domestic conflict in their country.

"At that time in Jamaica's history, there was a lot of political violence, a lot of turmoil, and my parents thought it was best to get away from Jamaica. That was the consensus of the majority of people who left; they wanted to get them (their families) out before

anything happened."

While in Canada, Peynado attended high school on a student visa. His family returned to Jamaica after the government there changed, but moved back to Canada in 1987.

The main reason he's now at Conestoga, Peynado said, is that "my family is up here and it's convenient. That was the deciding factor."

Since his family is here, Peynado said he was not too anxious when Hurricane Gilbert struck the island in September because "There's only so much you can do up here."

"Jamaicans are resilient people - they'll get over it. We've been through hurricanes and we've been through disasters and we've always managed to overcome," he explained, adding that he believes the hurricane was brought Jamaicans "closer together."

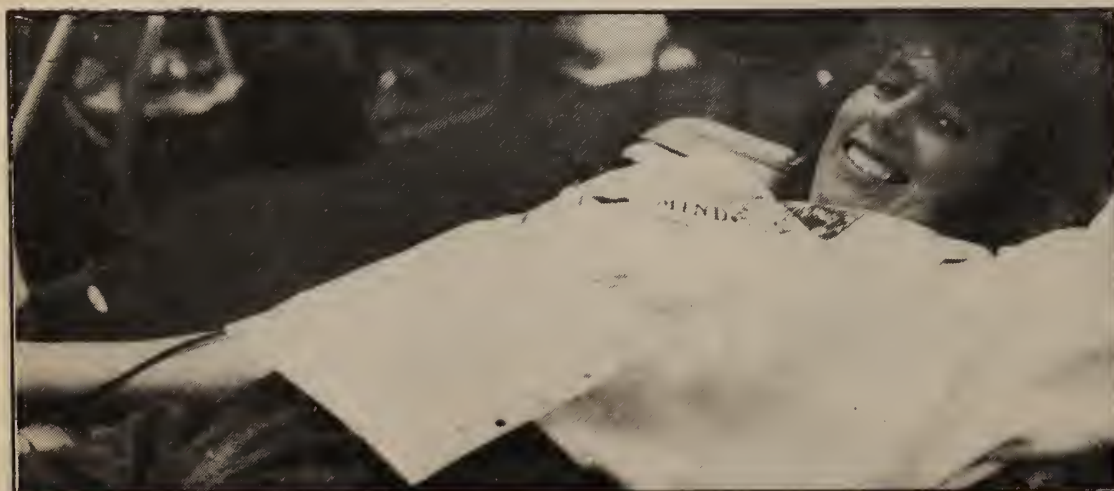
Peynado, who has worked at a five-star hotel in Jamaica and as a marketing representative for the Jamaican Tourist Board, said, "I think to be any good as a hotel manager you need experience."

"I would definitely be better off lengthening my time here or spending some time in Europe," he added, explaining that he feels he could gain more experience in Canada than in Jamaica.

He said having practical experience in the industry allows him to put the theory he learns into place. But experience can also be a hinderance because he is accustomed to doing some things, like table settings, differently from the way they are done here, he noted.

While he said he thinks the program at Waterloo is "well-rounded," Peynado added that the program should have a greater focus on hotel management, as well as "a more international side to it. Unless you have international students like us, that side tends to be left out."

Guelph holds blood donor clinic



Guelph area resident, Anita Teboekhorst smiles as she gives the gift of life.

Photo by Lisu Hill/Spoke

By Lisu Hill

The first blood donor clinic ever held at the Guelph campus of Conestoga College kicked off Jan. 26 with the slogan, "don't be caught with your pints down."

Adair Hanna, official clinic organizer for the Canadian Red Cross Society, said the clinic was, "good for the first time."

She said the people who showed up for the clinic were, "very enthusiastic," but she also noted that there were those who came who were frightened.

"Everyone has heard some hor-

ror story about giving blood," said Hanna.

Hanna said that those who thought they couldn't handle giving blood admitted afterwards that it was no problem, and they were quite proud of themselves for doing it.

Hanna said the weather might have been a factor in the turn out of 112 people. The quota for the clinic was 140.

The clinic was held on a day when local transportation to schools was cancelled because of icy road conditions. Hanna said the school parking lot was, "not as full

as it usually is."

"Quite a few of the donors were students at the campus," volunteer Marion Mann said, adding that the Guelph campus clinic will probably become an annual occurrence.

Two student nurses from the Doon campus were on hand to assist. Hanna said the student nurses "put on the bandages, handle the blood bags and ask a lot of questions." The Red Cross usually asks for volunteers from the nursing program to give them a chance to gain the experience of working at a clinic.

Peer Tutoring Quiz

Check boxes that apply.

- ☐ Feeling lost during lectures
- ☐ Struggling with homework
- ☐ Receiving poor test results

If you have ☒ all of the above, you could benefit from tutoring.

\$7.00 for 5 hours of course specific tutoring.

Applications available at Student Services, 2B12.



**PEER
TUTORING**

Help available for smokers who want to quit

By Lizanne Madigan

Staff and students of Conestoga College were offered free smoking cessation clinics in April and May of 1988, but few smokers took advantage of the program. Of those who did, only a fraction kicked the habit.

Midge Ennis, health nurse at the Guelph campus and organizer of the clinics, said the seven-week Smokebusters program was broken down into weekly sessions which lasted about 2 1/2 hours each.

Participants weren't "pressured," said Ennis, they were just given information and "allowed to take it away and use what they wanted." Such information included stress management; relaxation techniques; nutritional information about how to control their weight while trying to quit; hints on how to break the habit; and the short-term and long-term benefits of quitting.

Of the 80 people who enrolled in the spring program (72 employees/eight students), 60 started, 20 completed, (12 employees/ eight students) and four apparently quit smoking.

Although those are the "official" figures, Ennis said "success" is difficult to measure when talking about smoking cessation. Ennis said some of those who had quit could be smoking again and she knows that some who attended the program but didn't quit then, later did quit.

She also said the more times smokers try to quit and the more programs they take, the higher their chances of eventually succeeding.

She partially attributes the low figures to the fact that the program was held immediately prior to the implementation of the college-wide smoking ban. "You have to have a personal commitment to take a course like that," she explained.

On the other hand, she said the ban might help some smokers to re-examine their smoking habits. She said the ban has forced some smokers to modify their habits because they "can't be away from their work stations all the time."

Ennis said smokers can only smoke so many cigarettes during an hour lunch break and two 15-minute breaks. She admits to having reduced her own habit to

about six cigarettes a day from 1 1/2 to two packs.

The smoking cessation clinics were also offered to staff and students at all campuses in September. Only two people signed up for them.

Ennis attributes the lack of interest to poor planning on the college's part. She said the September workload and schedule is so heavy that quitting smoking is a last priority for many people and they don't really feel the effect of the ban until they are forced outdoors during the cold winter months.

Although the college is not now offering any programs, there is a wide range of help available locally for people who want to quit smoking. They range from free programs to expensive ones.

Common reasons for quitting continue to be: cost -- about \$1,200 annually for the pack-a-day puffer; health -- smoking was a factor in more than 30,000 deaths in Canada in 1987; and pressure from non-smokers -- they are now in the majority.

But all programs stress there must also be a sincere desire to quit on the part of smokers. Without it, they are doomed to failure.

During National Smoking Week, Jan. 12 to 18, the Waterloo Regional Inter-agency Council on Smoking and Health compiled a list of different cessation programs which are about to begin in the Waterloo Region. They are as follows:

COUNTDOWN

Sponsored by: The Lung Association -- Waterloo Region
seven sessions over a five-week period -- 1 1/2 hours per session
Cost: \$95

Dates: K-W Hospital - Feb. 6 to March 8

Cambridge Memorial Hospital - Feb. 7 to March 9

For more information call 886-8100

Preregistration necessary.

Y SMOKE

Offered by: K-W Young Men's Christian Association

10 sessions over a 10-week period -- 1 1/2 hours per session

Cost: Non-members, \$110 and members, \$100

Dates: A.R. Kaufman Y.M.C.A., March 9 to May 11

For more information call: A.R. Kaufman Y.M.C.A., 743-5201

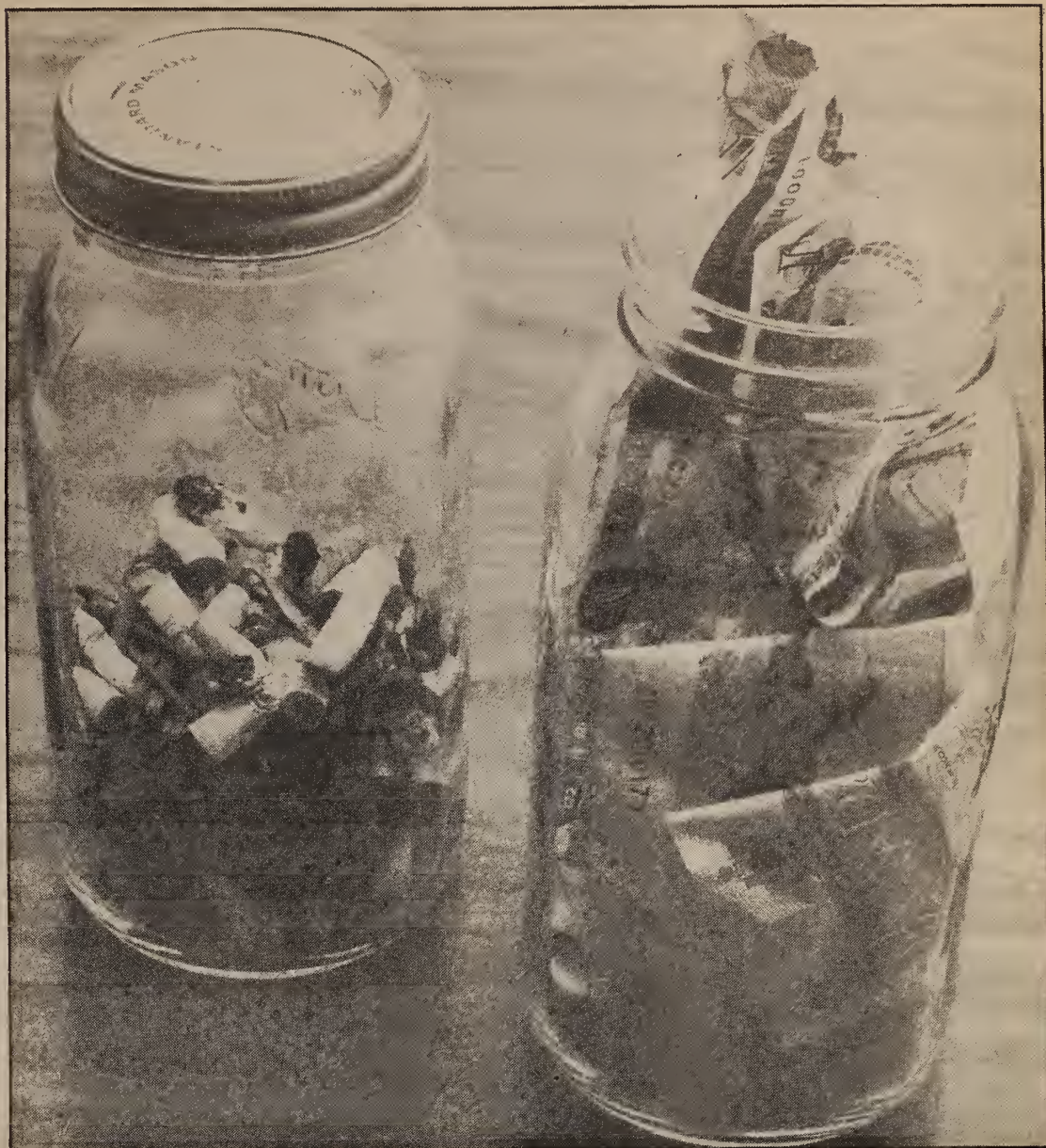


Photo by Lizanne Madigan/Spoke

The jar system is often used by smokers who are trying to quit. One jar is for butts smoked and one is for money saved.

First session free.

BREATHE FREE

Sponsored by: Seventh-Day Adventist Church

Two decision-making sessions during week 1.

Five consecutive sessions to quit smoking.

Three weekly follow-up sessions.

Cost: \$10, which is reimbursed to participants based on attendance.

For more information call 1-416-765-6381.

SELF-HELP PROGRAMS

"A Do-It-Yourself Quit-Smok-

ing Program"

Sponsored by: The Heart and Stroke Foundation of Ontario

Cost: free

For more information call 888-6677.

"Freedom From Smoking in 20 Days" and "A Lifetime of Freedom From Smoking."

Sponsored by: The Lung Association -- Waterloo Region

Cost: \$10 for a set of two manuals.

For more information call 886-8100

OTHER METHODS AVAILABLE:

SMOKE ENDERS

Six weekly sessions -- 2 1/2 hours per session

Cost: \$545, but they are now offering various discounts for their 20th anniversary.

Dates: There are no programs available locally at the moment. They periodically visit the Waterloo Region.

ACUPUNCTURE OR HYPNOSIS

Check the yellow pages or see your family doctor for a recommendation.

NICOTINE GUM

See your family doctor.

JAMAICA

Adanac Tours

Meeting for all students signed

up for Jamaica.

Tues. Feb. 7 at 4 p.m. in Rm. 4B06

Attendance is a must!

Dear Students

We would like to highlight to all students at the Doon campus, a very special award, the Al Logan Memorial Award.

Al Logan provided leadership in the field of Student Services at the Doon campus for thirteen years until his untimely death in 1981. In an attempt to promote those special qualities that Al brought to everything that he did, this annual award in his name was established to acknowledge a student who had contributed to the quality of life at this campus.

We would like to honour a student who:

- has demonstrated a warm and caring attitude
- has demonstrated initiative and leadership
- has been available to help and support other student(s)
- and has a sense of humour

You have the opportunity to acknowledge a fellow student who you feel "has made a difference" demonstrating these special qualities by filling out an application. These application forms can be picked up in the Student Services Office (2B12). They must be returned to Student Services no later than March 10.

P.S. Faculty and staff can also nominate a student of their choice.

Sincerely

Doon Student Services Staff

Stratford campus technician also has hat library

By Linda Bowyer

Her face lights up, her eyes sparkle and she bubbles with enthusiasm when she talks about hats. And when she tries them on, a facial transformation takes place -- a sombre stare for the Canadian beaver hat, a rugged look for the cowboy hat, and an almost slinky smile for the one with the feather that sweeps down to her chin.

Hat collector Karen Haslam, a part-time library technician at Conestoga College's Stratford campus, said she "fell into" the hobby.

In 1985, Haslam moved to Stratford and bought an old house. During her spare time, she started attending auction sales and at one sale purchased a box. Inside was an old hat. She thought it would be a nice addition to her home and would also be an interesting conversation piece.

The Salvation Army and Good Will stores, auctions and the Green

Room clothing and furniture shop in Stratford have provided more additions to her collection and friends started giving her hats. Her collection began to grow.

Along with her collection, Haslam has picked up a good deal about the history of hats. Her daughter latched onto the idea of doing a school speech about hats, and Haslam joined her in the research.

Haslam explained that medieval hats were very ornate and involved wires and elaborate patterns. Some hats had a chiffon tail trailing behind. These types of hats marked the division of society into different classes.

She said hats such as the cowl of the monk's robe and the Jewish skull cap are significant because of their religious aspects.

Not all hats were designed solely as protection from the weather -- witness the elaborate and impractical Canadian beaver hat. Nor were they always a fashion state-

ment she said, noting hats worn by different military divisions such as sailors and guards.

Haslam said she's always had hats in her house even though she didn't always collect them.

"I've always been a hat person, even though it's not exactly fashionable these days."

She wears most of the hats in her collection, but not the first one she bought at the auction sale. She says it's "horrible."

Haslam's favorite time period for hats is the 1950s. Hats were popular then and there were many different styles.

Haslam has favorites in her 60-strong collection.

The one she finds the "most fun to wear" is a pink hat with the purple parrot on it and feathers to the chin. Her 'Tilly' hat, a recent addition, is also a favorite despite its trendiness.

"It's my camping hat and this year I'm going to do a lot of camping."

An antique, pheasant feather hat she purchased in Nova Scotia in 1983 is a favorite for sentimental reasons. She explained that it is a 1950s-style hat she keeps on her dresser and she would be "devastated" if anything happened to it.

"It reminds me of one of the very first hats I wore to church."

Many of Haslam's hats are decorated with feathers for a good reason.

"I love feathers. I'm into feathers," she said as she tried on a black hat with a feather that curled around her face and down to her chin.

"I just love this hat. It's so dramatic. It brings out the actress in me," she said.

Haslam said she has paid as little as \$1 and as much as \$43 for her hats. She says that a hat bought at a department store would cost about \$24 "and what I'm getting for \$6 to \$8 is more unique and makes more of a fashion statement."



Karen Haslam

The Green Room does have an Edwardian hat for sale at \$125 and Haslam insists she'll have that hat one day.

She has never sold any of her hats.

"I don't buy them to sell them. I buy them to wear them. They're part of me."

CLASSIFIED

Rates for classified ads are \$2 for 20 words or less and 20 cents per word after that. Ads must be paid for by cash at the time of submission.

Ads are due Friday at noon, 10 days before publication date.

There is no charge for community events.

FOR SALE

Portable typewriter. Excellent condition. Still in box. Paid \$100+, asking \$65. Call 742-2984.

Creative Kids. Education toys and games. 90% kid, 10% toy. Sale until Feb. 28. Free toys. Ask how. Call Catherine, 748-2521.

Phillips Am/Fm stereo; turntable; 8-track and cassette players; 2 speakers. \$100. Call 653-5380 or 885-1677 after 8 p.m.

For sale: diamond engagement ring, white gold, appraised at \$1300. Will sell for \$800 or best offer. Call Guelph, 767-0792.

ACCOMMODATION

Wanted: two female roommates desperately seeking accommodation in either a house or apartment as of the end of April. If you are vacating or have room for us, please give us a call, 748-5797.

Shared accommodation for female. On main bus line. Prefer nursing student. Call Jeanette - 743-2333.

TYPING

WORD PROCESSING/ TYPING, professional, reasonable; reports, resumes, etc.; off Homer Watson Blvd., call now, Caren's Word Services, 748-4389.

GENERAL

Do you know an expectant mom? Welcome Wagon baby shower. Free goody bag, fashion show and exhibits. For invitation, call Catherine, 748-2521.

Conestoga Recycles Computer and Fine paper - it's only a start! Interested? Call Dave Jackson at Ext. 352 or drop by room 1B49.

PERSONAL

To whom it may concern; We've found our kidnapped roommate. Due to being drugged by her captor the night's events have been conveniently blocked out. Her mother still needs to know what happened. There's a reward for anyone with details. Please contact us immediately. - The concerned roomies.

Lynne Woolstencroft, Here's to two-minute impromptu, role playing and the fundamentals of dating. Hope you haven't missed too much time; we'll come back and visit when we're rich and famous. Love, the two toads.

Jean Fox, Thanks for being there when I've needed you the most. Especially after my little accident. It's nice to know I can count on you. Say thanks to Wally for me too! Love, Mone xo

Winky, Here's to good Ex, good friends and good sex. Don't forget about the dinner party for eight that you're catering. You can bring the tightie of your choice. Luv, the girls from K-73.

Yo Party Animal! Meet me at O'Tooles in Cambridge for Conestoga Night, Wednesday February 15. It's going to be as wild as I am. Love Bunny.

Desperately seeking Shmoo Bear:

Last seen in the woods with 104 little boys.

If seen, please contact "Worried Buckwheat." Reward will be given.

Still looking for my lost piece of mind - no questions will be asked - and a reward for my eternal gratitude is offered. - The Accidental Tourist.

George - Sure would like to share a bottle of Canada Dry with you. I'll supply the purple candle, you supply the romance. Sometime soon would be nice! Love, Pooper.

CALENDAR EVENTS

The City of Waterloo presents the Pulitzer Prize winning play - The Gin Game. Humanities Theatre, University of Waterloo, Feb. 7 to Feb. 9 at 8 p.m.

The original cast of Beatlemania in Concert at the Centre in the Square. Wed. Feb. 8, 1989 at 8 p.m.

RESUME AND INTERVIEW CLINICS

Do you want to find a good job? You need a good resume! If you need assistance with your resume, Placement Services can help you!

Mondays and Wednesdays - 2 p.m. - 4 p.m.
Tuesdays and Thursdays - 10 a.m. - 11:30 a.m.

Drop by during these times for personal assistance. Placement Services, Portable 8

Notice of BOD General Meeting

There will be a general meeting of the Doon Student Association.

Wed. Feb. 15, 1989

4 p.m.

Rm. 4B06

Agenda items to include bylaw changes and position paper re: general education electives.

DSA presents

Blue Mountain Ski Trip

\$21 Fri. Feb. 17, 1989

Includes transportation, lift and lesson.

See Cheryl in
DSA Activities Office for more information.

WANTED

Do you have any spare car parts or know someone who does? I am in desperate need of a grill for my Gran Torino. If you can help me, please call 748-5797.

Experienced keyboard player for local Kitchener band. Must be willing to learn and to dedicate the time! Please contact Terry if interested at 623-7768.

ENTERTAINMENT

Pub sets mood for summer-time

By Simone Portelance

You could almost see the sun, the sand, and the waves crashing against the rocks onto the beach. The mood was set for summer during the Fun-in-the-Sun Beach Bash Jan. 26 at the Waterloo campus Conestoga College.

The beach boy or girl in everyone was brought out when disk jockey Gary Bakker, a past Waterloo Student Association president, started to play such Beach Boy classics as California Girls, I Get Around and Little Surfer Girl. Bakker, a regular disc jockey for Waterloo campus pubs, knew what the crowd wanted and gave them a variety of music that kept at least half of those in attendance up dancing all night.

Tickets were \$2 at the door, and \$3 if pub-goers wanted a Hawaiian lei to add to their summer wear. After 11:30 p.m. there was no charge for entering. According to Selena Younger, WSA treasurer, about 60 people attended.

John Pereira, WSA president, said he felt that the turnout was "fairly good," adding that since tickets were sold at the door only, it was hard to set expectations on a number of people.

An added bonus to the pub was the feature drink, Killer Koolaid in a pail. The first pail cost \$6 and refills were \$4. According to Marlene Duffy, who tended bar for the evening, all 20 pails available at the bar were sold by 11:30 p.m. Pereira explained that the WSA tries to have a featured drink at all their pubs and that this one was his idea.

The Waterloo campus has been

selling tickets at the door only since its first pub this year because very few advance tickets were sold and most people preferred to pay at the door.

Another policy that has been changed for pubs is the use of security guards (police officers stationed at the entrance) and private investigators.

Since the pubs in the past have run smoothly, Donna Runions, manager of Waterloo campus, told the WSA that they could do away with the police security and make do with the private security firm, I and H Investigations only.

After the problems Doon campus faced with their first pub of the year and the new smoking policy, Pereira said he was concerned about similar problems at the Waterloo pubs, so he went to Runions and struck a deal where pub smoking was concerned. Waterloo students are allowed to leave the cafeteria and go outside to satisfy their habit and then return to the cafeteria to enjoy the pub.

Pereira said all Waterloo campus pubs are run by the WSA members who don't get paid for being on the Student Association. Pub staff get an honorarium at the end of each school year.

According to Pereira, the WSA is not "out to make a profit." The main goal of their pubs is to "generate spirit in the school and cause a good time," said Pereira.

The next pub at the Waterloo campus will be on Feb. 16 to celebrate Valentine's Day and mark the end of Waterloo's Winter Carnival Week.

What does it mean to be a student leader?

With election time approaching us at all campuses and applications for Student Intramural Committee positions for 89/90, it is time for all interested students to give some serious thought about getting involved as a student leader.

Being a student leader has many advantages. It allows you to:

- be an active voice in issues concerning all students (i.e. student fees, smoking issues, activities, etc.)
- gives you an opportunity to gain experience in student government at the College level
- allows you to take part in student leadership development (i.e. workshops, conferences, courses)
- gives you an excellent opportunity to meet people through day to day interaction and interject with administration
- gives you a broader outlook on overall College life and an opportunity to give input on changing things to make College life much more enjoyable
- gives you an area of experience that could be beneficial on your resume or in a job interview

These positions do require some time and commitment but people get out of it what they put into it.

Be part of the "Conestoga" team and get involved to help your College be a great place to be. You have a lot to offer to whatever area you decide to be a part of. If you do not consider any of these positions then at least cast your vote on election day and support the students who do want to work for you.

For further information regarding student associations, please contact one of your campus representatives. For any information regarding intramural positions, contact the Recreation Centre. Just remember - If you have a problem or complaint about the way things are being done at your campus, think about - Did I vote? You have an opportunity to make changes or let someone else voice opinions, so "take the time and participate in '89" - you'll be glad you did.

To: the College Community

Home use v. Public Performance

What is all the furor about copyright?

Did you know that it is illegal to rent movies from a video store and show them anywhere other than in the home regardless of whether admission is charged? "For home use" means just that. To use in the classroom, programs must be rented from a source which is authorized to grant a public performance licence. In fact, even ownership of a program does not constitute ownership of copyright.

So what does this have to do with me? There is no preferential treatment for educators under the Copyright Act. It's frustrating to see material that you want to use in a classroom and not be able to use it. But stealing is stealing, and it can't be condoned. Protect yourself. Erase illegally acquired videos immediately. Rental programs should be used in the classroom without public performance rights. Taping off-air and reproducing programs without authorization of the copyright holder is an infringement of copyright. Convictions for infringing copyright under the act could lead to a \$25,000 fine, six months in jail, or both.

These audio visual issues were just some of the topics covered by Mr. Bernard Katz in his presentation to Conestoga's Learning Resource Centre staff on December 15 at the Doon Campus L.R.C. Mr. Katz, from the University of Guelph's McLaughlin Library, is the chairman of the Ontario Library Association's Copyright Committee and has spoken before the House of Commons Subcommittee on the revision of the Copyright Act. The first phase of the controversial Bill C-60 to amend the Copyright Act was passed in June 1988, and the second phase is in the process of being written. Mr. Katz's presentation, which was followed by a lively question-and-answer period, was both entertaining and very educational. Bill C-60 will have a great impact upon print (i.e. photocopying), audio visual and computer software.

Plans will be underway in the future to have Mr. Katz return to the college to give faculty, staff and students an opportunity to learn more about the implications of Bill C-60 and how it specifically relates to them. In the meantime, see your Learning Resource Centre personnel for assistance in guiding you through the copyright maze.

From: the Doon Learning Resource Centre staff

DSA presents

FROZEN GHOST

Thurs. Feb. 16

8 p.m. Doon Caf

\$7 advance

\$9 door

Free Mocktails!

Pizza Hut pizza available

Tickets available at DSA Activities Office.

SPORTS

Buffalo embarrasses hockey Condors 9-0

By James Morton

Buffalo State dominated Conestoga in every aspect and defeated the home-town hockey Condors 9-0 in ICHL action Jan. 25.

The Condors dug themselves a deep hole early as two powerplays backfired and Buffalo led 2-0 midway through the first. Both goals were the result of Condor giveaways in their own zone.

"We didn't backcheck well and we were disorganized in our own end," coach Dan Young said. "There were a lot of basic fundamental things we weren't doing."

Conestoga was outplayed for much of the first but managed to finish the period only trailing by two.

The Condors came out more aggressively early in the second period and had some close chances around the Buffalo net. But Buffalo really took the life out of Conestoga minutes later with their

third goal. From this point on, the Condors were never really in the game. Buffalo led 5-0 after two and cruised to a 9-0 victory.

Buffalo coach Steve Ferrentino said his squad played exceptionally well considering the game was their first since Dec. 16.

"We broke up the middle and skated really well the entire night," he said.

But he was surprised at the ease with which his club defeated Conestoga, noting that previous matches had been close.

"They were undermanned and it looked like they were tired," Ferrentino said.

But Condor centre Rick Webster felt there were other reasons for the loss.

"The way we practise is reflected in the game. A lot of people show up when they feel like it. There's no dedication," he said.

Young felt there were numerous factors in the loss.



Photo by James Morton/Spoke

Condor netminder Terry Davis stretches in vain as Buffalo scores one of many at Conestoga Jan. 25.

"We made an awful lot of mistakes. Our defencemen pinched in when they shouldn't have and we lost most of the faceoffs in our own end," he said. "They (Buffalo) scored three short-handed goals

and that should never happen." Young pointed out that three good players were missing from the Condor lineup. Dave Mills was down with the flu while Rod McClure was still sitting out a four-

game suspension for fighting. Chris Murray has not yet returned from a knee injury.

But he added, "We have to get a more consistent effort from the guys who are there."

Small bench proves costly for basketball Condors

By James Morton

The basketball Condors were upended by a strong Seneca squad 105-74 in OCAA basketball action at Conestoga Jan. 26.

The Condors only trailed by six early in the second half but their small bench simply couldn't stand up to the Braves' attack late in the game.

"We didn't have a lot of guys. It

was a close game until we ran out of gas," coach Eugene Todd said. Paul Bauer was the top Condor shooter, with 25 points while Trevor Thompson added 23.

Anthony Marshall shot 21 points for Seneca while David Anderson and Desmond Rowley each tallied 16.

The Condors only dressed eight players and were left with six when Mitch Henderson was ejected and Gary Minkhorst fouled out.

Henderson was disqualified after a skirmish with Seneca's Brian Hill early in the game.

"It was a cheapshot," a frustrated Henderson said. "He gave me an elbow in the throat and I retaliated aggressively."

Todd said he was sorry to lose Henderson but added, "It might have made a difference in the game and it might not have. I'm not saying he shouldn't have done it

but I'll never defend a retaliation. "I don't blame the referees. The guy that did it is obviously experienced at that sort of thing."

Todd said that, even though his Condors won't make the playoffs, he is pleased with the team's improvement.

"The guys who were sitting on the bench earlier in the season have really come through to contribute, and I've maintained all along that

Ed (Janssen) and Trevor (Thompson) are the best guard tandem in the league," he said.

But Todd doesn't have any brainstorms to get the Condors winning.

"We just have to keep doing what we're doing. We're not going to make the playoffs but we can be real spoilers for St. Clair and Centennial, who are trying to make the playoffs."

Athlete of the week



Paul Bauer

Paul Bauer of the men's varsity basketball team has been named Athlete of the Week at Conestoga College for the week of Jan. 23. Bauer was a standout in last week's game against Seneca College, scoring a personal high of 25 points. A native of Mitchell, Bauer is a first-year student of the electronics engineering technol program at the Doon campus.

Tony Dasilva

210 Samuelson Street

Cambridge, Ont.

DASILVA
SPORTS & TROPHIES

Intramural team of the week



Buster - Contact Hockey

Back row: (l-r) Scott Long, Steve Babstock, Cam MacIntyre, Rob Scott

Front row: (l-r) Jeff Coulter, Dan Lintner, Shawn Hamill, Randy Viragh

Absent: Dave Mills, Karl Ball, Doug McIntosh, George Drannen, Ian Taylor



33 University Ave., West, Waterloo (746-4111)

30 Ontario St., South, Kitchener (741-8325)